

**2009 WELSH CHAMPIONSHIPS CWRT Y GOLLEN, CRICKHOWELL
SENIORS**

Lee Williams	Team Wiggle	S	
Anthony O'Boyle	Torq/Kona	S	
Daniel Lewis	RAF CC	S	
Sion O'Boyle	Torq/Kona	U23	
Ian Jeremiah	Cardiff JIF	S	
Ben Roach	Cult Racing	U23	
Mark Spratt	Cardiff JIF	S	
Matthew Jones	Cwncarn Paragon	U23	
George Rose	Abergavenny RC	S	
Rhys Powell	Abergavenny RC	U23	
Joe Lally	CC Abergavenny	S	
Mark Davies	Cardiff JIF	S	
Craig Standage	Cardiff JIF	S	
Simon Nurse	Cardiff JIF	S	
Richard Bowen	Abergavenny RC	S	
Gareth Chislett	Abertillery Wheelers	S	
Alan Gardner	Brecon MTB	S	
Owen Davies	Abergavenny RC	S	
Andy Hoskins	Cardiff JIF	S	
Phil Morris	Dambusters	S	DNF
Ben Simmons	Team Wiggle	S	DNF
Stephen Corbyn	Dragon XC	S	DNF
Andrew Baum	Unattached	S	DNS

Team:

Cardiff JIF (Ian Jeremiah, Mark Spratt, Mark Davies) 24 pts

Abergavenny RC (George Rose, Rhys Powell, Richard Bowen) 34 pts

VETERANS/JUNIORS/WOMEN

Phil Roach	Coventry RC	V40	
Ben Roff	Orange Monkey	J	
Graham Rogerson	Army CU	V40	
Ross Porter	Cwncarn Paragon	V40	
Andy Pearce	Forza Cycles	V40	
Sam Anstice	Newport Velo	J	
Donald Gray	Cardiff JIF	V40	
Paul Bennett	Cardiff JIF	V50	
Lynn Lines	Abergavenny RC	V50	
Jeff Thomas	Abergavenny RC	V40	
Luke Cornish	Towy Riders	J	
Steve Thomas	Abergavenny RC	V40	
Shaun Lewis	M & D Cycles	V40	
Sean O'Sullivan	Cardiff JIF	V50	
Melanie Alexander	Cardiff JIF	W	
Bryn Ruston	Cardiff Ajax	V40	
John Lloyd	mtb-marathon.co.uk	V60	
David Miles	Schmoos/Swansea CC	V40	
Hugo Alexandre	Cardiff JIF	V40	
Paul Lee	Abergavenny RC	V40	
John Hosking	Abergavenny RC	V40	
Tim Jones	Bynea CC	V50	
Serena Wood	M & D Cycles	W	
Steve Higgins-Worrall	Abergavenny RC	V40	
Laura Williams	Cardiff JIF	W	
Robert Baynton	Unattached	V40	
Stephanie Best	Abergavenny RC	W	

Carol Miller	Unattached	W	
Steve Roe	Schmoos/Swansea CC	V60	
Kay Higgins-Worrall	Abergavenny RC	W	
Phil Harries	Cardiff Ajax	V50	DNS

YOUTH

William Worrall	Towy Riders	U16	
Owen Jones	Towy Riders	U16	
Dylan Kerfoot-Robson	Rhos-on-Sea CC	U14	
Adam King	Maindy Flyers	U16	
Joe Anstice	Newport Velo	U16	
Matthew Thompson	Maindy Flyers	U16	
Sam Beckingsale	Abergavenny RC	U14	
Amy Roberts	Cardiff Ajax	U16g	
Elinor Barker	Cardiff Ajax	U16g	
Geraint Manley	Cardiff JIF	U16	
Ben Dunster	Brecon MTB	U14	
Rebecca Hunt	Newport Velo	U16g	
Emily Haycox	Maindy Flyers	U14g	
Ffion James	Abergavenny RC	U14g	
Rowan Miller	Maindy Flyers	U14	
Jack Grant	Newport Velo	U14	
Ellie Coster	Newport Velo	U14g	DNF
Thomas Fry	Maindy Flyers	U14	DNS
William James	Brecon MTB	U14	DNS

UNDER 12

Nathan Ford	Abergavenny RC	U12	
Ben Beckingsale	Abergavenny RC	U12	
James Tillet	Newport Velo	U12	
Jessica Roberts	Towy Riders	U12g	
Seren Kerfoot-Robson	Rhos-on-Sea CC	U12g	
Scott Dunster	Brecon MTB	U12	
Bethan Manley	Maindy Flyers	U12g	
Ieuan Best	Abergavenny RC	U12	
Sam Tillet	Newport Velo	U12	
Elizabeth Bennett	Cardiff JIF	U12g	
Brynley Smith	Abergavenny RC	U12	
Grace Bennion	Maindy Flyers	U12g	
Lowri Thomas	Abergavenny RC	U12g	DNF
Teifion Best	Abergavenny RC	U12	DNS

UNDER 10

Solomon Kerfoot-Robson	Rhos-on-Sea CC	U10	
Huw Higgins-Worrall	Abergavenny RC	U10	
Megan James	Abergavenny RC	U10g	
Joe Beckingsale	Abergavenny RC	U10	
Owain Roberts	Towy Riders	U10	
Mitchell Cole	Abergavenny RC	U10	
Tomos Lane	Abergavenny RC	U10	
Llewellyn Price	Abergavenny RC	U10	
Rhys Thomas	Abergavenny RC	U8	
Ella Doheny	Abergavenny RC	U10g	
Alex Griffiths	Abergavenny RC	U8	
Aled Trott	Abergavenny RC	U8	
Isabelle Bennett	Cardiff JIF	U8g	
Ashley Cole	Abergavenny RC	U8	
Connor Lewis-Stanley	M & D Cycles	U8	DNF